

## Middle & High School Lunch Menu

**Week of: Nov. 27- Dec. 1**

Monday	Tuesday	Wednesday	Thursday	Friday
Hamburger (5) Fries Fruit Choice & Milk	*Beef & Cheese Nacho (2,4) Dinner Salad Fruit Choice & Milk	Chicken Tender (4,5) Mashed Potato (2,4,5) Dinner roll (2,5) Fruit Choice & Milk	Chicken, Bacon Ranch Pin roll (2,4,5,6) Fruit Choice & Milk	*Pizza (2,4,5) Dinner Salad Fruit Choice & Milk

**Week of: Dec. 4-8**

Monday	Tuesday	Wednesday	Thursday	Friday
Corn Dogs (1,4,5) Hashbrowns Fruit Choice & Milk	Beef taco (2,4,5) Dinner Salad Fruit Choice & Milk	Chicken Tender (4,5) Mashed Potato (2,4,5) Dinner roll (2,5) Fruit Choice & Milk	Beef Ravioli (2,4,5) Garlic Toast (5) Fruit Choice & Milk	Little Caesars Pizza (2,4,5) Dinner Salad Fruit Choice & Milk

<b>Lunch Prices</b>		
Students: Free	Adult: \$5.25	Milk: \$0.50

\*Gluten option for individuals with allergies.

### Wrap & Salad Line

(Monday – Thursday)

#### Meat Options

Fajita Chicken (4) or Grilled Chicken (4)  
WG Spicy Chicken (4,5)  
Pulled Pork

#### Vegetables

Lettuce  
Tomato  
Cucumber  
Green Peppers  
Jalapeno  
Black Beans  
Pickles  
Carrots  
Celery

#### Grains

WG Sub bun (5)  
Tortilla Shell (5)  
GF Shell  
Croutons (2,5)  
Rice Noodles (5)

Served with small bag of chips and fruit choice.

#### Allergens

- |           |                     |
|-----------|---------------------|
| 1. Egg    | 4. Soy              |
| 2. Milk   | 5. Wheat            |
| 3. Peanut | 6. May contain eggs |

Salads are served with one of the following dressing: Ranch (1,2)  
Caesar (1,2,4,5)  
Italian

#### **Offered Daily**

##### Fruit choice

Apples, banana, Orange's applesauce, peaches  
Pineapple, mixed fruit, slushes.

##### Milk choice

1% white milk  
FF chocolate milk

##### Grab & Go Meals

Salad  
PBJ Meal (3,5)

### **All students will receive free breakfast and lunch.**

There will be no charging allowed for ala carte or second meals. Purchasing just milk is an ala carte item.

If paying online and you need your login information, please email your request to: [vbaker@newlothrop.k12.mi.us](mailto:vbaker@newlothrop.k12.mi.us).

This institution is an equal opportunity provider.